BUSH URGES CONGRESS TO ACT ON BAILOUT

PAGE 9

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Style pg 15

Winter's best scarves all about texture

Crane installing hot tub crushes intended home

TIP A crane lifting a hot tub to the rear of a home in the city's southwest tipped over and crushed the home Wednesday evening.

An outrigger on the crane apparently sunk into the front lawn of the home in the 400 block of Sierra Morena Place SW at around 6:30 p.m., causing the crane to tip onto the roof.

City engineers have deemed the home uninhabitable until the crushed roof trusses can be repaired.

Fire officers and engineers along with two additional cranes, were on the scene late into the night to find a way to minimize damage while erecting the fallen crane.

The family who lived in the home has found alternate accommodations.

METRO CALGARY

ShareYourViews
calgaryletters@metronews.ca

Election 2008 pg 8
- Andrew Cohen on Harper's war on culture
- Artists strike back
- PM stays in a bubble

Food pg 14

Pepper up your dinner

Celeb pg 22

Aiken: I'm gay

Mynx crew

All heart

ROBIN KUNSKI/FOR METRO CALGARY

From left, Nishga Hotz-Felder, 21, Jacquey Morison, 21, Nicole Denovan, 20, and Christie Manning, 24, all part of the Mynx Dance Crew, get ready to work it on the dance floor for the Werk It fundraiser to benefit the Heart and Stroke Foundation this Saturday at the Whiskey.

Delaying parenthood

Number of first-time moms waiting till 30s jumps: Study

NEIL MACKINNON
neil.mackinnon@metronews.ca

Sharon Brooksby couldn't imagine having her first child while in her 20s.

Financially strapped after a successful stint of post-secondary education and trying to establish herself as a land-surveyor, the 35-year-old Calgarian had her first child, Naomi, seven weeks ago.

It's a growing trend, according to a Statistic Canada report released yesterday. It said the number of women waiting to have children until they were 35 or older had nearly tripled between 1987 and 2005, up to 11 per cent of first-time mothers, while those waiting until their early 30s jumped to 26 per cent.

It's not that Brooksby planned to wait; it's the direction her life travelled.

"You're older and wiser (in your 30s)."
Sharon Brooksby, first-time mom at 35

"You're older and wiser (in your 30s)," she said.

"You can go back to work easier because you've set yourself up in your job, you're not as worried about money. It's exhausting work but I love it, and I can't fathom having a child any earlier in my life."

Brooksby's husband, Gary, said that at 40, he feels like he's had his first child early. Financially, he added, it couldn't have worked any other way.

"When you're older, you have all your savings behind you, which is a huge thing," he said.

"Having a child is far from cheap," Sharon added.

WestJet gives out credits for fuel fee

SURCHARGE Sheryl Soper's pocketbook may get a little clunky as WestJet moves to settle up customers who booked flights before it axed fuel surcharges.

Soper, 24, who flies from Calgary for business to Dawson Creek, B.C. and back twice a month, didn't know the carrier had dumped the surcharge in the first place or that they were set to reimburse those who booked before the Sept. 18 fee cut and haven't flown yet.

"I fly WestJet a lot and this will save me a lot of money," said Soper, who recently bought a return ticket. Removing the surcharge alone stands to save Soper about $120 a month.

WestJet's Richard Bartem said the reimbursements will come in the form of travel credits but just who is eligible will be managed on a case-by-case basis.

People who booked during drastically cut fare seat sales, Bartem said, might have gotten a better deal even with the surcharge as a $50 cancellation or rescheduling fee will still apply.

For those who didn't cash in on a seat sale for a future flight while the surcharge was in place, there will also be a $50 charge to change it up, and in that case, any differential in price will be doled out via travel credit.

"The reaction so far has been very positive," he said. "And that's mostly thanks to the transparency with which we both installed the fuel surcharge and took it out."

NEIL MACKINNON/METRO CALGARY

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Bail granted to man charged with bigamy
A Calgary man accused of bigamy and fraud was granted bail yesterday after making his first court appearance yesterday. Dibua Mokendi Dieudonne Kabengele is set to appear in court Oct. 8. METRO CALGARY

Local

WOW raising funds

The 2nd annual Worldwide WOW Canada-wide photo contest is raising money for Calgary's Empowering Families Initiative through Aspen. On Friday, judges will look over 300 photos at 7 p.m. at the Camera Store 802 11th Ave. SW. METRO CALGARY

News in brief

SAFETY CHARGES A Calgary company faces four charges in relation to a single-vehicle rollover in July that killed the driver. A dump truck driven by Gordon Wilson rolled on southbound Deerfoot Trail, and Wilson died as a result of injuries. My Gardener Landscaping Ltd. will appear in court Oct. 29 to face a charge of failing to maintain a written safety program, failing to have a written maintenance program, operating a commercial vehicle without subsisting yearly inspection and operating a vehicle not complying with maintenance standards. METRO CALGARY

metronews.ca
What's online today.

Watch local video reports on Facebook vote swapping, the risks of energy drinks and the fine print on airline fuel charges at www.metronews.ca/canada. Also, check out Justin Trudeau campaigning with his mother Margaret and more on this week's standoff in a Regina school.

Lotteries
Lotto 6/49 10, 27, 36, 40, 42 & 43 Bonus 37
These results are not official.

Refugee camp set up in Olympic Plaza

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Imagine.

Imagine you and your family sharing a thinly veiled tent made of sticks and paper with 20 strangers. Imagine sharing the equivalent of an outhouse with 200 people. How would you feed your family? How would you keep them safe?

Those are the questions A Refugee Camp in the Heart of a City is designed to inspire Calgarians to ask themselves after a tour through the realistic yet set-up refugee camp in Olympic Plaza, says project coordinator Linda Nagy.

"The purpose is to raise awareness to people that there are 42 million people in the world forced to move from their homes and live as refugees," Nagy said. "To put that into perspective that's 10 million more people than Canada's population."

Doctors Without Borders is touring the set up display of tents, outhouses and in Western Canada 6,000 people between Winnipeg and Edmonton have passed through. Nagy said the response was "heartwarming."

"We want people to come through this tour and imagine what it is like to live like a refugee like millions of their fellow citizens across the world do."

The mock camp is set up today until Sunday with volunteers who have been to the countries where refugee camps are set up giving free tours of the camp.

For more information please visit www.refugeecamp.ca.

ROBIN KUNISK/FOR METRO CALGARY

Penny Bayfield helps set up a refugee camp display at Olympic Plaza, depicting what life is like for residents in some war torn countries.

Hands-off collection hits streets

AUTOMATION Garbage men hand-chucking bags into the back of yawning trucks are about to go the way of the 8-track.

While a Calgary-wide switch over is expected to take several years, at least 25 garbage trucks have been retrofitted with mechanical arms for automated pickup and bins have been handed out to 15,000 households in Mount Pleasant, Cedarbrae, Dover, Deer Run, Huntington Hills and Citadel, which will be the first community to lose the hands-on effort of garbage men Friday.

"It's the way of collection of the future," said city waste and recycling services director Dave Griffiths.

NEIL MACKINNON/METRO CALGARY

Top of the class
The City of Calgary and Staples partnership raised $40,000 and provided 1,200 backpacks to students whose families could not otherwise afford adequate school supplies. METRO CALGARY

ROBIN KUNISKI/FOR METRO CALGARY

Executive Director Sue Tomney and Jane Snyder, Chair of the Calgary Stampede Foundation Pavilion are set to auction off local art.

Artists gallop tonight

KRISTA SYLVESTER
krista.sylvester@metronews.ca

A unique art auction mixing barns and stables with western contemporary art is lassoing younger audiences tonight.

The Calgary Stampede Foundation is staging its second annual Pavilion: Contemporary Art Auction with 23 artists showing 33 pieces in an auction setting at 7 p.m. at the Agriculture building at Stampede Park.

"You have the dirt of the stalls, but then you have this beautiful art."
Jane Snyder, Calgary Stampede Foundation

"This event is a lot of fun and it's unique because you have the dirt of the stalls, but then you have this beautiful art," chairman of the Calgary Stampede Foundation (Pavilion) Jane Snyder said.

Proceeds raised from the auction will be split between the artists and also go toward the Calgary Stampede Foundation's youth programs such as Young Canadians.

Police search for pizza shop robber

CRIME Police are looking for a female suspect they believe is responsible for a recent robbery at the Crowfoot Boston Pizza Sept. 7 at approximately 12 a.m. The woman, approximately 5-foot-10, with medium build, allegedly held an employee at knifepoint. METRO CALGARY

Suspect

Alleged home invader at large

SEARCH City cops are looking for a man they believe was involved in the Queensland home invasion Sept. 17. Three masked men forced their way inside a home in the 800 block of Queensland Drive SE. Two men have been arrested, with one still on the loose. METRO CALGARY

Suspect

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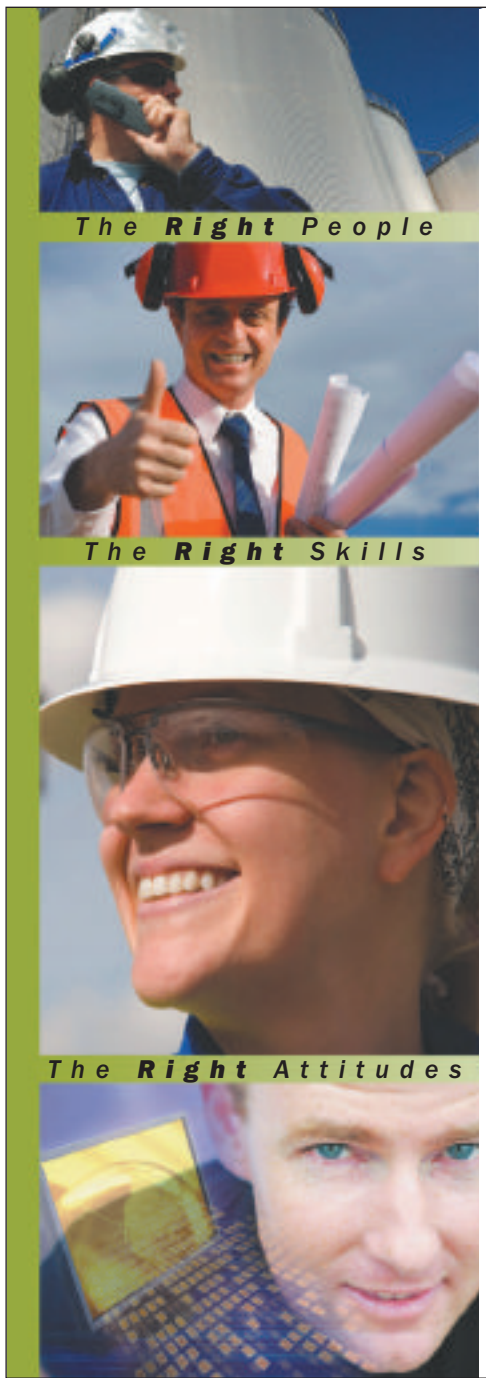

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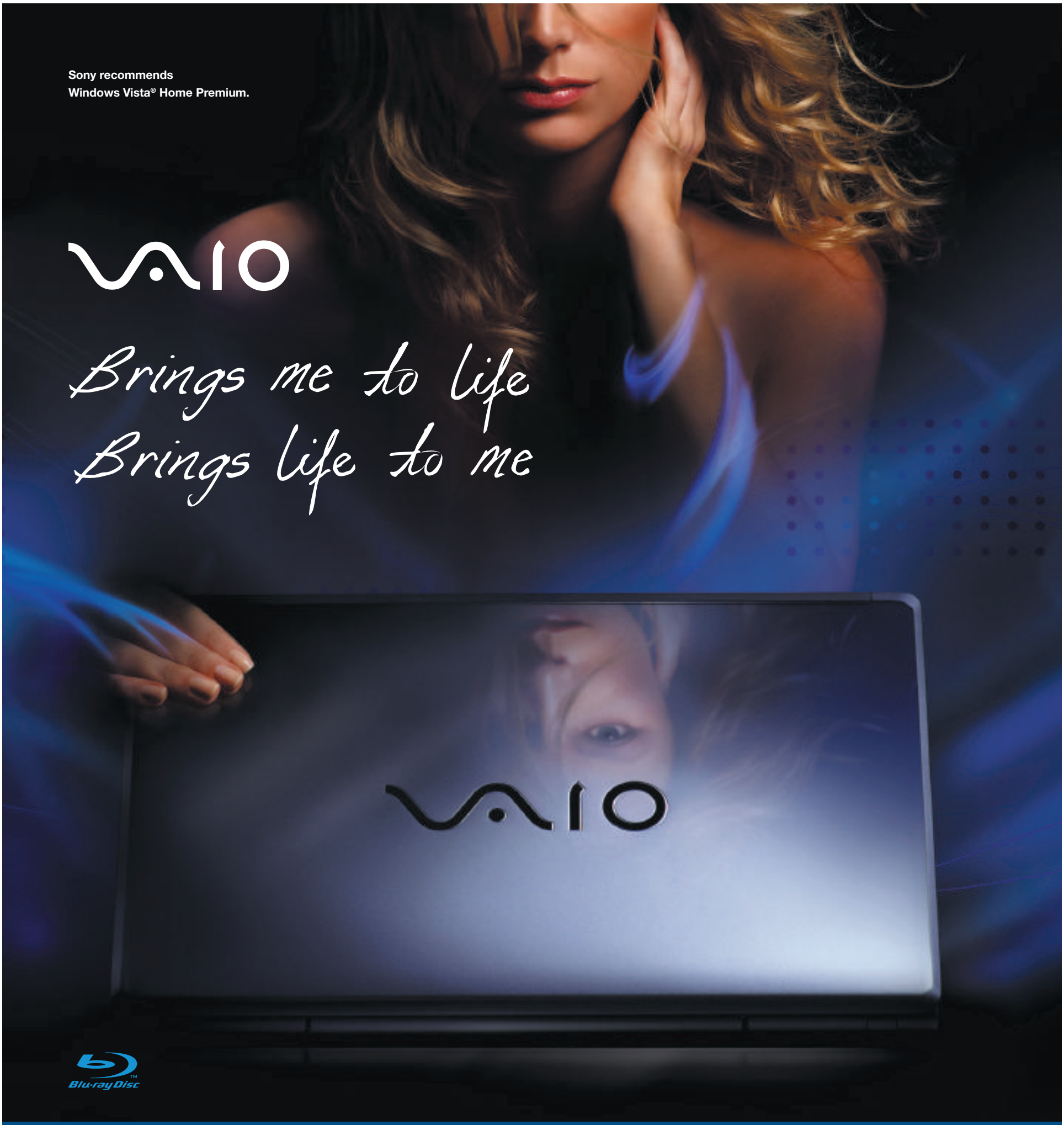

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Toronto explosion cleanup costs $1.9M

The City of Toronto announced yesterday it has finished cleaning up the neighbourhood surrounding the site of the disastrous Aug. 10 Sunrise Propane explosion and turned the leased site back to its owner. The bill for the cleanup came in at $1.9 million. **TORSTAR NEWS SERVICE**

Canada

Iqaluit on bag-ban bandwagon

Eco-minded residents in Iqaluit are cheering city council for drafting a bylaw that, if approved, would make plastic shopping bags a floating memory by next spring. At a meeting Tuesday night councillors introduced the measure, which would rid the Nunavut capital of single-use plastic bags effective April 1, reducing the number of bags that litter the streets and end up in the local landfill. SOURCE: CBC NEWS ONLINE

News in brief

SPENDING Ottawa must control the rate of spending growth if it is to keep within expenditure targets, Finance Minister Jim Flaherty said yesterday. Flaherty conceded the Tories have not kept a promise to keep the rate at the level of GDP growth.

ARRESTS Montreal police arrested five people after a shot was heard outside a north-end college yesterday, CBC News Online reports. Witnesses heard at least one shot around 2 p.m. outside Collège Ahuntsic, a post-secondary school.

RELEASE The U.S. military has released CTV reporter Jawed Ahmad, CBC News Online reports. Ahmad was held on an Afghan military base for nearly a year.

METRO NEWS SERVICES

Watch more on the school gun incident in Regina at www.metronews.ca/canada

'No real deterrents,' food inspector says

Release of 2005 food safety review has minister on hot seat

Gaping holes in the country's food safety net, revealed yesterday in a Torstar News Service/CBC investigation, prompted renewed calls for the federal agriculture minister's resignation and promises from all parties to fix a system in disarray.

"We are aware of deficiencies," Prime Minister Stephen Harper told reporters yesterday in response to publication of a 2005 internal government report that documented serious problems with the country's food inspection and recall systems.

"We're acting and investing, both putting money — we've hired 200 more inspectors — and we are looking very carefully at our processes." Stephen Harper

"That's why we're acting and investing, both putting money — we've hired 200 more inspectors — and we are looking very carefully at our processes as we go forward."

But federal inspectors, who read the review this week, said little has changed since the review was done. Inspectors, concerned for their jobs, have asked that their names not be published.

"There have been limited prosecutions, legislative backing is limited, follow-up varies," one wrote in an e-mail. "(There are) no real deterrents. (We) can't pull licences. (There are) no requirements for export certification. Some inspectors may have the time to do follow-up inspections, but mostly they move on to the next complaint/recall."

TORSTAR NEWS SERVICE

Edmonton **Education protest**

BEN LEMPHERS/METRO CANADA

Grand Chief of Treaty 7 Charles Weaselhead speaks to hundreds of people gathered in support of First Nations education yesterday at Canada Place in Edmonton. Organizers hope the protest will make aboriginal education an election issue.

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Bigfoot vs. politicians' promises — Canadians pick Bigfoot
Fifty-eight per cent of Canadians believe that Bigfoot exists while only 27 per cent believe politicians' promises at election time, according to a survey of 1,000 Canadians conducted by Praxicus Public Strategies Inc. for the Canadian Taxpayers Federation. TORSTAR NEWS SERVICE

Election 2008

Beating up the cultural elite

Stephen Harper's broadside on the arts creates differences between us

On the **Hustings**

Andrew Cohen

Election insight and analysis

So Stephen Harper is now training his artillery on artists, actors, writers and poets. He sees votes in beating up the country's cultural elite.

"I think when ordinary working people come home, turn on the TV and see a bunch of people, you know, at a rich gala all subsidized by taxpayers, claiming their subsidies are not high enough … I'm not sure that's something that resonates with ordinary people," he said the other day.

A rich gala. Subsidies. Ordinary people. Here is a populist's lament. Harper didn't use the word "elite." He didn't have to.

He wants the people to know that he doesn't like this pretentious crowd, which is why you won't find him at those fancy fundraisers at the National Arts Centre in Ottawa. He sends his wife instead.

Here's the spirit of George Wallace, the scrappy, segregationist governor of Alabama, who painted his enemies as "pointy-headed intellectuals." When Wallace poured out his invective, you could see the dirt under his fingernails and the sweat on his brow.

Harper is no George Wallace, but his broadside shouldn't surprise anyone in a targeted campaign pitched to specific voters. The point is to create differences between us (the people) and them (the snobs), playing off one against each other, appealing to that deep well of resentment in the land of the Tall Poppy.

This is a strategy. It is the same reason that Harper proposes cracking down on juvenile crime, even as criminologists tell him crime isn't rising and his punishments won't work. No matter; tough talk sells among rock-hard conservatives.

Ironically, the prime minister has spent the campaign trying to show his soft side — wearing a sweater, kissing babies, playing the piano. Now he's showing off his folksiness. Soon, Harper, who has an MA in economics, will start droppin' his "g's."

But culture matters. While Harper's $45 million in cuts to the arts may have little "resonance" in English-speaking Canada, they are an issue in Quebec, where both Stéphane Dion and Jack Layton are making political hay. Dion even announced his promise to increase spending on the arts last weekend in Place des Arts in Montreal.

Harper knows this, which is why he isn't pushing the anti-cultural line in Quebec, where he sees his majority. When he was asked to repeat his "gala" comment in French, he shrewdly refused.

Andrew Cohen teaches journalism at Carleton University. He is the author of Extraordinary Canadians: Lester B. Pearson.

Backlash

Gordon Pinsent

Artists paint a different picture

SCORN Actors and politicians reacted with scorn and anger yesterday to Prime Minister Stephen Harper's dismissal of arts and culture as a pastime for the rich.

In Toronto yesterday, several high-profile Canadian actors gathered to vent anger and frustration over Tory arts policies.

On the campaign trail, NDP Leader Jack Layton accused Harper of talking out of both sides of his mouth when he derides artists in English but refuses to do so in French.

Denouncing the cuts as "bad leadership and bad business," actors lined up at a press conference organized by their union to criticize the cuts and speak out against Bill C-10, which would effectively give appointed bureaucrats control of which movies and TV programs are made here.

Gordon Pinsent said the Canadian entertainment business "has gone through so many starts and stops, yet we still have the feeling that we are about to be dissolved into the larger picture of American sensibilities. We should be the landlords of our own industry, not tenants."

TORSTAR NEWS SERVICE

News in brief

ENVIRONMENT A re-elected Conservative government would bring in new fines of up to $6 million for companies and $1 million for individuals convicted of chemical spills, dumping, despoiling nature preserves and other forms of environmental abuse. Conservative Leader Stephen Harper said the proposal would also give the federal government the power to refuse operating permits for companies with a poor environmental compliance history and list companies' convictions under the act on a public data base.

SECURITY A Liberal government would earmark $75 million to help protect ethnocultural or religious places of worship, educational institutions and community centres, Stéphane Dion said yesterday in Winnipeg.

FORESTRY NDP Leader Jack Layton accused Stephen Harper of "selling out" Canadian jobs by breaking a promise to provide loan guarantees for forestry companies and lend significant aid to hard-hit mill towns.

TORSTAR NEWS SERVICE

Living life in a campaign bubble

Prime Minister Stephen Harper is shielded from the public as he criss-crosses the country, campaigning in a political bubble.

No handshakes on street corners or rallies in the parks. Only highly staged backdrops for his daily political message, and assemblies where Tory staffers and security officers closely monitor the crowds.

It's a classic "front-runner" technique — a safe, tightly scripted and controlled campaign — taken to a whole new level.

Rallies are off-limits for any member of the public who just shows up. Nobody gets in unless they have been pre-registered by the local riding association. Even local media are asked to sign up in advance.

The Harper campaign keeps a short leash on national and local media, limiting questions and access to local candidates, sometimes calling on the RCMP security detail to block reporters from doing their jobs.

"In no way were the officers assigned to protect the prime minister attempting to interfere with journalists trying to interview Ms. Cadman."
RCMP Sgt. Sylvie Tremblay

Harper "hides from Canadians. He lives in a bubble," Liberal Leader Stéphane Dion said last night in Winnipeg.

Tensions peaked Tuesday night in Surrey, B.C., when Conservatives called on the RCMP to shield Harper and local candidate Dona Cadman after a partisan rally.

Cadman, a candidate in Surrey North, has been mum since alleging months ago that top party officials offered her dying husband, independent MP Chuck Cadman, a $1-million life insurance policy if he would cast his vote to topple the former Paul Martin Liberal government in May 2005.

When reporters tried to speak to Cadman this week, Harper's staff ordered the RCMP to block journalists and she was whisked away.

"Keep them out!" an aide shouted to the police officers.

Harper spokesperson Kory Teneycke said there was no need for the national media to interview local candidates. "Local candidates' priority is in the local ridings and not talking to the national media," he said.

RCMP spokesperson Sgt. Sylvie Tremblay denied any interference.

"In no way were the officers assigned to protect the prime minister attempting to interfere with journalists trying to interview Ms. Cadman," she wrote in an e-mail yesterday, explaining they were just trying to make sure Harper was able to leave the area safely.

But Harper had already left when it happened.

It was not the first time the campaign team had been quick to call for help.

TORSTAR NEWS SERVICE

Watch Justin Trudeau campaigning with his mother at metronews.ca/canada

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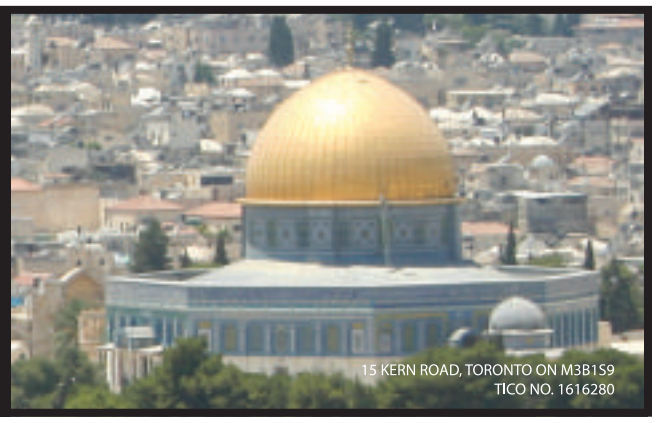

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U.S. man charged with exporting space data to China
A physicist from Virginia was arrested yesterday on charges of illegally exporting space launch technical data and services to China and offering bribes to Chinese government officials, the Justice Department said. It said Shu Quan-Sheng, 68, a native of China who is a naturalized U.S. citizen, was arrested by FBI agents. REUTERS

World

Gore urges civil disobedience

Nobel Peace Prize winner and environmental crusader Al Gore urged young people yesterday to engage in civil disobedience to stop the construction of coal plants without the ability to store carbon. The former U.S. vice president told a philanthropic meeting in New York City that "the world has lost ground to the climate crisis." REUTERS

U.S. bailout plan in jeopardy

Bush says package needed to dodge 'painful recession'

George W. Bush told Americans last night the country could slip into full-blown economic panic without immediate passage of a rescue package, capping a day in which the U.S. financial crisis threw the presidential election campaign into chaos.

The outgoing president offered a grim prognosis if Congress fails to act, warning in a nationally televised address of plummeting home values, soaring foreclosures and evaporating retirement funds.

Rescue sinking fast

- At issue is a proposed $700 billion US economic bailout package — now referred to as a "a rescue" by the Bush administration — that has been met by widespread outrage on Capitol Hill by legislators from both parties.

In an extraordinary move, he also invited Republican presidential candidate John McCain and Democratic contender Barack Obama to the White House today to discuss the crisis and both men agreed to attend.

Bush also said millions of American jobs could be lost, with credit choked off for those who remained standing amid the carnage.

"Our entire economy is in danger," he said. "Ultimately, our country could experience a long and painful recession."

Bush spoke hours after McCain, seeking to show leadership in the face of sinking poll standings, said he would suspend his campaign and return to Washington to deal with the crisis. McCain also called for the postponement of tomorrow's scheduled presidential debate with Obama, a proposal the Illinois senator immediately rejected, saying Americans expect a prospective president to do more than one thing at a time.

TORSTAR NEWS SERVICE

Iran an 'alarming' challenge, says EU

IRAN The European Union said yesterday Iran's blockage of an inquiry into its nuclear work was "alarming" and Tehran was getting closer to being able to assemble an atom bomb if it chose to do so.

Iran is posing a crucial challenge to the UN nuclear watchdog, the International Atomic Energy Agency, the EU and the United States said during a debate at an IAEA board of governors meeting.

But they threatened no action, reflecting differences among six world powers negotiating with Iran over what to do after Russia snubbed a U.S.-led campaign for tough sanctions on Iran.

The IAEA said Sept. 15 that Iranian non-cooperation had stymied its inquiry into what it calls "serious" intelligence material from some 10 countries purporting to show that Iran has pursued secret projects to design a nuclear weapon.

It said Iran had raised its number of centrifuge machines refining uranium to almost 4,000 and 2,000 more were being installed. Experts said such capacity could stockpile enough nuclear fuel for a bomb in about two years. REUTERS

Cancelled

- Foreign ministers of the United States, Britain, France, Germany, Russia and China scrapped talks this week to discuss a fourth round of sanctions after Moscow pulled out, a few days after an abortive meeting on the matter in Washington.

News in brief

PLEA Afghanistan's President Hamid Karzai yesterday urged neighbour Pakistan and the international community to help eliminate sanctuaries terrorists use to attack his beleaguered country. "Undoubtedly, terrorism will not go away until we dismantle the elaborate institutional support terrorists enjoy in the region and eliminate their secure sanctuaries," he told the United Nations General Assembly. "This will be possible only if we engage in sincere regional and international cooperation," Karzai said.

SPACE NASA yesterday delayed the launch of its last mission to service the Hubble Space Telescope by four days to make up training time lost due to Hurricane Ike. The shuttle Atlantis is now set to blast off at 10:19 p.m. Oct. 14.

REUTERS

India **Floods continue to plague South Asia**

DESMOND BOYLAN/REUTERS

Children carry belongings after evacuating their homes on the riverbank of Yamuna in New Delhi yesterday. Monsoon rains, burst dams and overflowing embankments have unleashed bouts of flooding in South Asia this year, killing about 1,500 people, mostly in India, but also in Nepal.

Finnish killing spree was planned for six years: Police

KILLINGS Finnish police said a man who shot dead 10 people Tuesday had been planning his killing spree since 2002 and had "very likely" been in contact with the student behind a similar gun rampage last year.

Matti Saari killed 10 people at a travel and hospitality industry college a day after being interviewed by police about online videos of himself at a gun range.

"There was a note found at his home saying 'I have always wanted to murder as many people as possible,'" the National Bureau of Investigation's Jari Neulaniemi said yesterday.

Neulaniemi said later yesterday Saari was probably also in touch with Pekka-Eric Auvinen, who killed eight people last November in Jokela after broadcasting his intent in a YouTube video clip.

REUTERS

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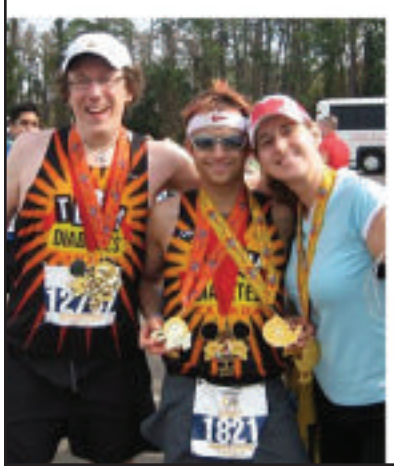

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Crunch could be a plus for business, luxury designer says
Denis Simachev says now is the time for Russians to spend their savings lavishly rather than watch it devalue. REUTERS

Business

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Investors antsy as talks inch on

Congress must approve a $700 billion US banking bailout or see the lifeblood squeezed from the world's richest country, Federal Reserve Chairman Ben Bernanke warned yesterday as the economy showed signs of stalling.

Investors stampeded into cash, briefly pushing one-month interest rates to below zero on fears that lawmakers might delay or change the nature of the bailout. Scarce credit forced overnight lending rates for companies to 6.5 per cent. REUTERS

FBI to investigate

The FBI will investigate Fannie Mae, Freddie Mac, Lehman Brothers and AIG for fraud related to the credit crisis.

Business in brief

CRISIS Two economists say Canada is nearing a "tipping point" of a U.S.-style financial crisis because of falling house prices and many unsold homes — factors that led to the housing meltdown and credit crunch. TORSTAR NEWS SERVICE

WIRELESS Rogers Wireless said it's seeing a slowdown of consumer and business traffic on its telecom network as a result of the poor economic climate. It added 92,000 new customers in the second quarter, from 133,000 a year earlier. REUTERS

METRO Calgary

3030 – 3 Avenue NE, Suite 120
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Tel: 403-444-0136
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Advertising:
adinfocalgary@metronews.ca
Distribution inquiries:
calgary_distribution@metronews.ca

metro_inquiries@metronews.ca
calgaryletters@metronews.ca

Local:
Publisher, Steve Shrout
Managing Editor, Darren Krause
darren.krause@metronews.ca
Marketing Manager, Blaine Schlechter
Distribution Manager, Dave Mak
National:
Group Publisher, Bill McDonald
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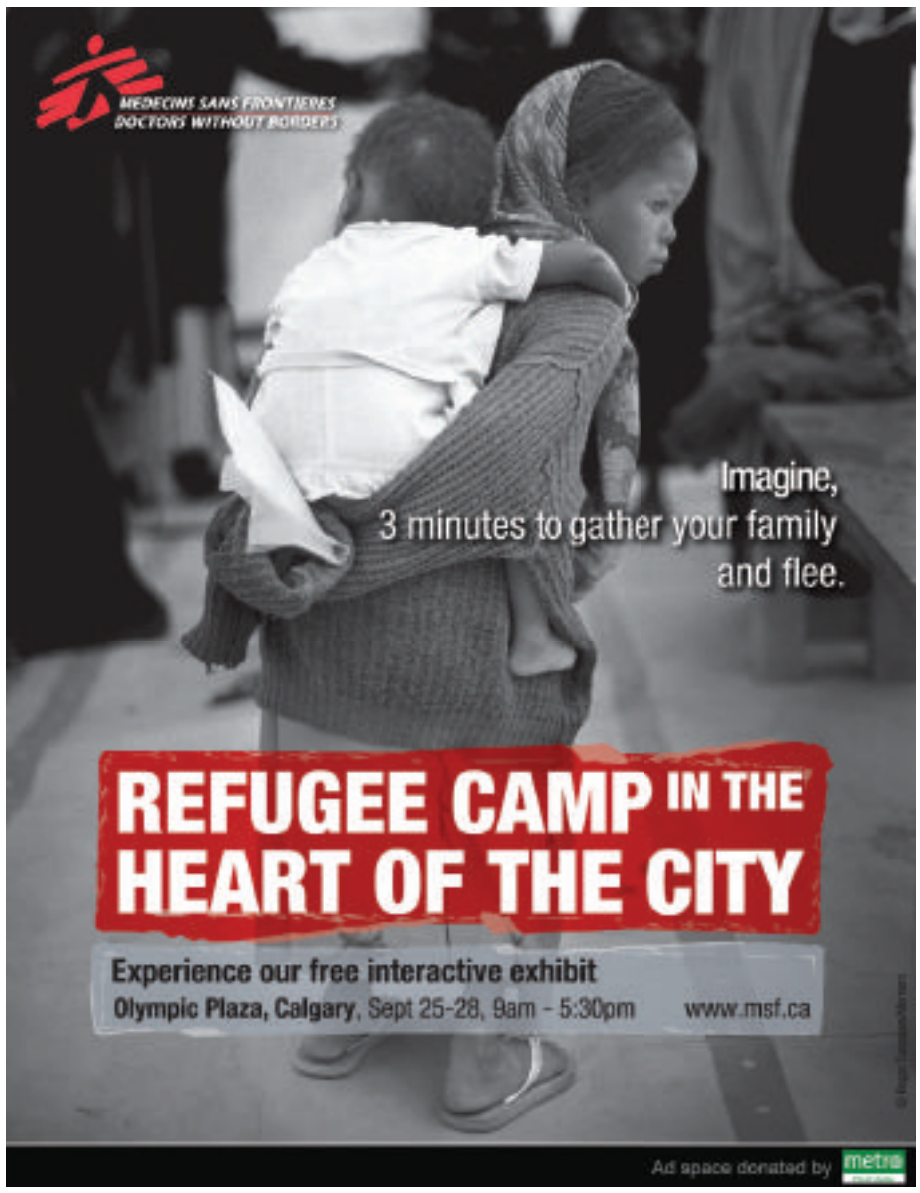
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THE CITY OF CALGARY

Lions show Millen the door
Matt Millen has been relieved of his duties as president and CEO of the Detroit Lions, the team announced yesterday. Millen had been in charge of the Lions since 2001. The team has produced an NFL-worst record of just 31-84 in that time, including 0-3 this season. METRO NEWS SERVICES

Sports

Calvillo wins weekly award

Montreal quarterback Anthony Calvillo, left, was among the top players for the CFL in Week 13. Calvillo was awarded offensive honours as he helped the Alouettes to a 40-4 romp of the Edmonton Eskimos. Montreal defensive end Jermaine McElveen won defensive honours. British Columbia kicker Paul McCallum nabbed the special teams award. The top Canadian was Saskatchewan running back Stu Foord. METRO NEWS SERVICES

EDITOR: SPORTS@METRONEWS.CA

Hufnagel backs QB

DAN TOTH
for Metro Calgary

John Hufnagel the quarterback dreaded being pulled from a game.

So, when John Hufnagel, now the Calgary Stampeders head coach, saw the Toronto Argos stick with struggling young pivot Cody Pickett last week despite posting just four points in the first of back-to-back games against the Red and White, the Stamps boss had trouble arguing with the decision.

In fact, Hufnagel wouldn't be surprised to see the Argos start Pickett again this Saturday in the rematch in Toronto, despite also having veteran Kerry Joseph at their disposal. Unpredictable Argos head coach Don Matthews has had his QBs split the reps in practice this week and could choose to go with a two-quarterback system in the rematch.

"Me being a head coach and trying to develop a young quarterback, I'm going to give him every opportunity to learn the game," Hufnagel said of his opponent's predicament.

Hufnagel

"I can't say I was surprised they made a decision and they were going to give him every opportunity to get some experience. We play the same team (Saturday) and I don't even want to comment on decisions over there (in the Toronto camp), but I wasn't surprised that they kept him in.

"From my viewpoint, if I made a change (at quarterback) I'd give him every opportunity to learn the game."

The 34-4 win in Game 1 might have been their easiest victory of the season, an outcome they should match in the return engagement in the Big Smoke despite failing to execute on offence.

"I don't think that game was (that easy)," Hufnagel said.

"Offensively we struggled, their defence played very well and we were able to capitalize on some turnovers, our defence played outstanding and forced some mistakes and put us in excellent field position. It's not one of those games where we can say we controlled the ball offensively. They gave us all that we could handle."

That's just one reason Calgary chose to run out the clock in Game 1 to avoid further embarrassing the Argos, despite having a first down inside Toronto's five-yard line.

Why wake up a listless opponent prior to the rematch, especially when your own offence, admits Stamps quarterback Henry Burris, had trouble putting points on the board?

"Executing, we've got to get better at that, and be more consistent," Burris said.

"We made enough plays to get the victory, but we have to play better down the stretch. Hopefully it will only be a one-game thing, but we've got a tough matchup against the same guys in Toronto, so we have to get ready to go Saturday."

Pre-season games key for evaluation: Keenan

LAURENCE HEINEN
for Metro Calgary

FRED GREENSLADE/REUTERS
Calgary Flames Jim Vandermeer checks Phoenix Coyotes Daniel Carcillo during last night's game. The Flames won 3-2.

Four games in four nights has given Mike Keenan and his coaching staff a great opportunity to evaluate all the players bidding for roster spots with the Calgary Flames.

"It's one thing to evaluate players in practice, it's another thing to evaluate them in games," said Keenan after the Flames lost 3-2 to the Florida Panthers at the Pengrowth Saddledome Tuesday.

The game saw the debut of Todd Bertuzzi playing on a line with captain Jarome Iginla and 19-year-old Swedish prospect Mikael Backlund.

"I feel that you have to give players like Mikael an opportunity to get a feel for what the expectations are and how to play with players of that ability," Keenan said

Forward Dustin Boyd had a goal and an assist against the Panthers.

"It took a couple shifts to get back into game shape," Boyd said. "We blew that lead and that just can't happen."

Boyd then suited up again for last night's game in his hometown of Winnipeg and had a pair of assists as the Flames edged the Phoenix Coyotes 3-2 at the MTS Centre. The Flames host the Coyotes tonight and the Panthers tomorrow night (7 p.m. for both).

SCOREBOARD

MLB

YESTERDAY'S RESULTS
AMERICAN LEAGUE
N.Y. Yankees 6 Toronto 2 (10 ings)
Boston 5 Cleveland 4
Kansas City 10 Detroit 4
Minnesota 3 Chicago White Sox 2
Tampa Bay 11 Baltimore 6
Texas 14 Oakland 4
L.A. Angels at Seattle
NATIONAL LEAGUE
Atlanta 10 Philadelphia 4
Chicago Cubs 9 N.Y. Mets 6 (10)
Florida 9 Washington 4
Houston 5 Cincinnati 0
Milwaukee 4 Pittsburgh 2
St. Louis 4 Arizona 2
San Diego at L.A. Dodgers
Colorado at San Francisco

TODAY'S GAMES
AMERICAN LEAGUE
Tampa Bay at Detroit, 11:05
Cleveland at Boston, 5:05
N.Y. Yankees at Toronto, 5:07
Chicago W. Sox at Minnesota, 6:10
L.A. Angels at Seattle, 8:10
NATIONAL LEAGUE
Arizona at St. Louis, 12:15
Chicago Cubs at N.Y. Mets, 5:10
Florida at Washington, 5:10
Cincinnati at Houston, 6:05
Pittsburgh at Milwaukee, 6:05
San Diego at L.A. Dodgers, 8:10
Colorado at San Francisco, 8:15

CFL

WEST DIVISION

	W	L	T	PTS
CALGARY	8	4	0	16
Saskatchewan	8	4	0	16
Edmonton	7	5	0	14
B.C.	7	5	0	14

EAST DIVISION

	W	L	T	PTS
Montreal	8	4	0	16
Winnipeg	4	8	0	8
Toronto	4	8	0	8
Hamilton	2	10	0	4

WEEK 14
TOMORROW'S GAME
Edmonton at Winnipeg, 6
SATURDAY'S GAMES
CALGARY at Toronto, 5
Hamilton at B.C., 8
SUNDAY'S GAME
Saskatchewan at Montreal, 11

NFL

WEEK 4
SUNDAY'S GAMES
Arizona at N.Y. Jets, 11
Minnesota at Tennessee, 11
Denver at Kansas City, 11
San Francisco at New Orleans, 11
Atlanta at Carolina, 11
Cleveland at Cincinnati, 11
Green Bay at Tampa Bay, 11
Houston at Jacksonville, 11
Buffalo at St. Louis, 2:05
San Diego at Oakland, 2:05
Washington at Dallas, 2:15
Philadelphia at Chicago, 6:15
MONDAY'S GAME
Baltimore at Pittsburgh, 6:30

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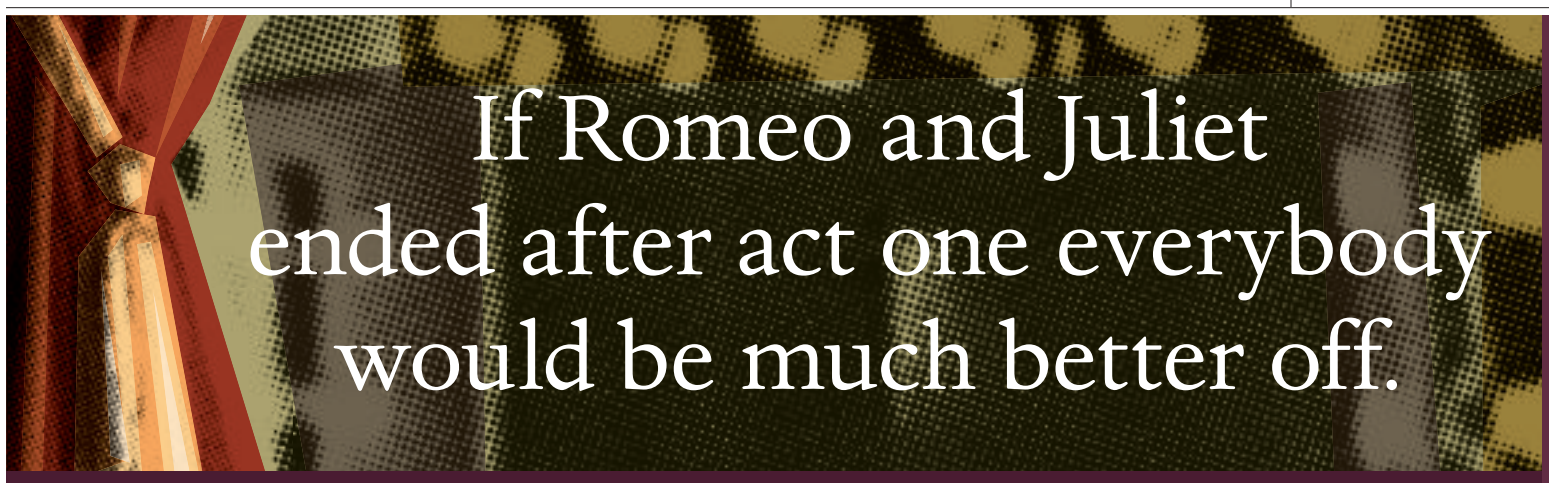

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The Heist continues ...

InteriorDivine

Question; What do a Hong Kong family who lived in Scotland for the last decade — but are now based in Canada — have in common with a single mom who lives by a lake? And what do a Trinidadian couple in a suburban townhome have in common with a city-dwelling kooky PR guru? Answer: they're *all* part of our latest Golden Twenty-Six. Yup, hold onto your knickers, lock away your chachkas and dispatch your shag carpeting — Home Heist is back! Yay!

And this time, darlings, more than ever before, your favourite Metro columnists mean business! We reckon our twenty-six upcoming episodes feature homes — and occupants — so fantastically bizarre that those from last season look positively tame! Indeed, this time 'round we've unearthed a terrifying array of townhomes, condominiums and semis which will take your breath away. Cue pretty much every design crime, every torturous colour scheme and every heinous home sin imaginable … to the power of ten! Aye, putting right Canada's decorating wrongs is a scary job but you know us — we're doing it all with a stiff upper lip and lashings of, ahem, designer charm!

Condos with a conscience

Greening your lifestyle hits you where you live

NICOLE BROSS
for Source Media Group

Our homes are one of the largest contributors to our carbon footprints. For the average person, more than one-third of our yearly emissions are produced in and by our homes.

Perhaps the greatest difference you can make is by choosing wisely when home shopping, whether or not you are purchasing a newly constructed one. There are several things you can look for while house hunting to ensure your home will be an eco-friendly one, starting with the type of home you choose.

Building the green way

Built Green™ is a voluntary program promoting environmentally friendly and energy-efficient building, developed by David Bengert and Jay Westman from Jayman MasterBUILT, along with support from many trades and other builders.

"I believe that the main reason to build green is simply to save money by way of reduced energy costs, and perhaps reduce overall demand, and subsequently reduce environmental impact," says Bengert.

In order to qualify for the Built Green™ label, homebuilders must meet a series of criteria in categories such as building materials, water and energy conservation, waste management and indoor air quality. There are four levels of achievement: bronze, silver, gold and new for 2008, platinum. A Built Green™ certification on an address is a sure sign the builder considered the home's environmental impact.

"Everyone today claims to be green, however not all are the correct shade of green," Bengert says. All Built Green™ projects are third-party certified so you know their statements are true.

Small steps and lighter footprints

Bengert says condos tend to be a more environmentally-savvy choice than detached homes, because they help to create a higher population density. By building up instead of out, more people can fit onto less land, reducing urban sprawl and traffic. Condos also require less building material per person than detached homes, and with fewer outside walls, don't lose as much energy. For families who might not want to live in an apartment-style condo, the townhouse is a great alternative.

Passive, but just slightly aggressive

Whenever possible, try to choose a home close to work to reduce or eliminate time spent commuting. If that's not possible, look for a place that has ready transit access so you will be more inclined to leave the car at home. Nearby amenities such as grocery stores and schools mean shorter trips as well—anything to reduce the number of one-person-occupied cars idling on the Deerfoot during rush hour. Calgary's surge in condo developments downtown and in the Beltline area in the last few years speak to the city's commitment to have more people living close to work.

And there's an added bonus — studies have shown people who live close to work and amenities weigh less, since they get more exercise.

A material world

What your home is made of can have a huge impact on how energy-efficient it is. How well it is insulated is the number one factor for conserving heat in the winter and cooling in the summer. By using materials such as insulated concrete forms (ICF) and triple-pane, low-E argon-gas-filled windows, less heat is lost through exterior walls. Low-flow toilets, showerheads and faucets can save you water, as can a front-load washing machine and high-efficiency dishwasher.

> **"Everyone today claims to be green, however not all are the correct shade of green."**
> David Bengert

Some interior finishes are more sustainable than others as well. Bengert suggests homeowners ensure that wood products come from sustainable managed forests. Bamboo and cork flooring are both considered renewable hardwoods because they can be harvested soon after planting, in the case of bamboo, or without damaging the tree itself, as with cork. And by using paints and carpets with low VOCs (volatile organic compounds, which can harm your health), you ensure potentially toxic gases won't be released into your home.

Bengert has high hopes for the future of home construction in Calgary.

"I believe that within six or seven years the majority of all new construction will be some form of verifiable green construction," he says. Calgarians can encourage this goal by ensuring any home they purchase is environmentally friendly and uses some or all of the above features. Not only will you save money, but you will feel good knowing that you're reducing your impact on the environment. For more about Built Green™, visit builtgreencanada.ca

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Recipe correction

Last week's recipe for the Bittersweet Chocolate Tart (from Nick Malgieri's book The Modern Baker) gave incorrect ingredient amounts. The first two ingredients were 1 3/4 cups heavy whipping cream and 1/4 cup light corn syrup. Metro regrets the error. METRO NEWS SERVICES

Food

"Green peppers are harvested before they are fully ripe, which explains their abundance and less expensive price tag." Barb Holland/for Metro Canada

Bitter vs. sweet

They will continue to first turn yellow and then red when left on the plant to mature. Green peppers have a slightly bitter flavour, whereas the more mature peppers have a sweet fruity taste.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

Roasting the pepper rainbow

À la carte

Barb Holland

Metro Food Writer

FOODLAND ONTARIO

Peppers are available in a rainbow of colours from green to red to purple to ivory.

Available in a rainbow of colours, the versatile sweet pepper lends itself equally well to salads, stir-fries, casseroles, soups, and sauces.

To savour the flavour of peppers beyond the growing season, roast and freeze peppers during the height of the harvest. Sweet red peppers are the ones most roasted, but yellow, orange and banana peppers and large chiles are also good roasted. Versatile as they are delicious, roasting brings out their full sweet flavour and adds a hint of smokiness.

Preheat barbecue on high heat. Prick each pepper with a fork several times to prevent them from bursting during grilling. Close the lid and cook peppers on high heat, turning when the skin chars. Keep turning the peppers until the skin is charred on all sides. To make the skin easier to remove, place the charred peppers in a glass or metal bowl and cover to "steam" for at least 15 minutes.

Peel off skin, cut in half and remove seeds. Most peppers peel quite easily with the exception of thin-skinned green bell peppers. Arrange pepper pieces apart on parchment paper lined baking sheets. Freeze until solid, then pack into resealable freezer bags and store in the freezer for up to 10 months.

Roasted Red Pepper and Chevre Spread

A simple spread to make ahead, serve with crostini or crackers and a bowl of good black olives. Makes about 1-1/2 cups (375 mL).

INGREDIENTS:

- 1 roasted red pepper, peeled and roughly chopped
- 1 small clove garlic, minced
- 4 oz (125 g) cream cheese, softened
- 5 oz (140 g) chevre cheese

METHOD:

In food processor, combine red pepper, garlic and cheeses. Process until smooth. Scrape into a serving dish, cover and chill several hours or overnight.

Tips:

- Good for you: Sweet peppers are high in Vitamin C — ounce for ounce there is three times as much vitamin C in a sweet pepper than an orange. Green peppers contain about half as much Vitamin C. Red peppers are also an excellent source of Vitamin A. Sweet peppers are also a source of dietary fibre, folate and potassium.
- Pick of the crop: Peppers should feel full, heavy and tight. They should be shiny in appearance and free from bruises and spots.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

The best way to beef up

The dynamic culinary duo of Janet and Greta Podleski are famous with a Food Network Canada show and the best-selling Eat, Shrink & Be Merry. Granet Publishing Inc. offered Metro this recipe from their collection of healthy comfort foods:

The Great Pretenderloin

The original recipe calls for a beef tenderloin, but an eye of round will work just as well. This recipe serves a crowd, so you can have the roast for dinner one night, sandwiches for lunch the next day and slice some for a salad topping the next night.

INGREDIENTS:

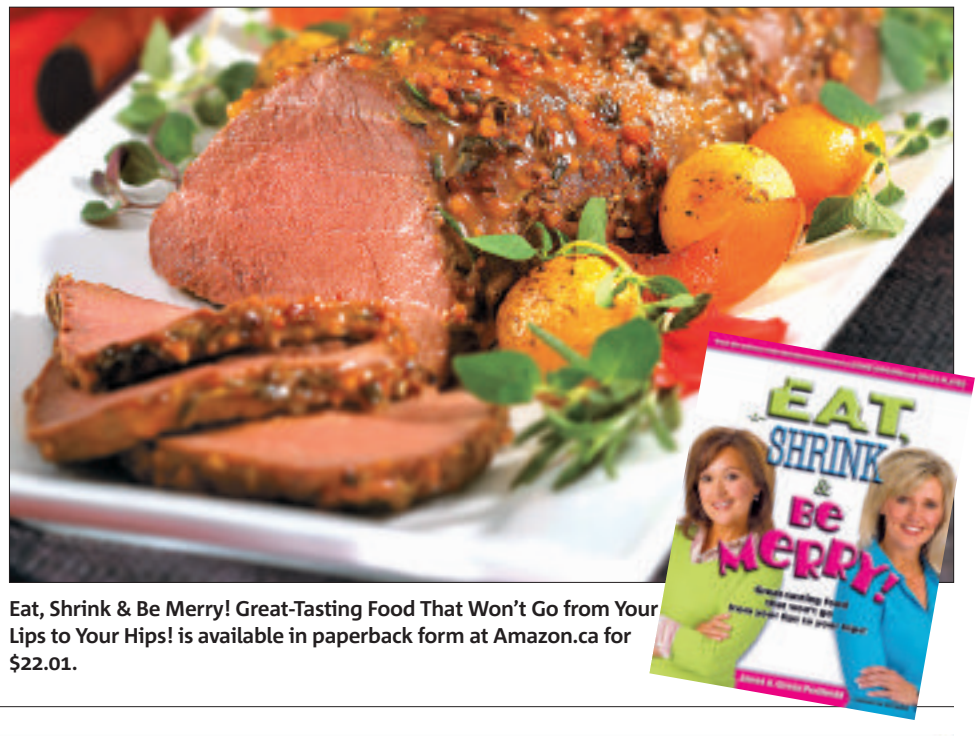
- 1 tbsp. softened butter or olive oil
- 1 tbsp. Dijon mustard
- 1 tbsp. brown sugar
- 1 tbsp. steak sauce
- 1 tbsp. minced fresh rosemary
- 2 tsp. minced garlic
- 1 1/ 2 tsp. salt
- 1/ 4 tsp. black pepper
- 1 tsp. grated lemon zest
- 1 whole beef tenderloin or 1 eye of round roast (3 pounds)

METHOD:

Preheat the oven to 450 F. Move the oven rack to the bottom third of the oven. Mix together the rub ingredients in a bowl. Rub all over beef and let stand at room temperature for 30 minutes. Place beef on shallow roasting pan. Put in oven, and turn heat to 400 F.

Roast meat, uncovered, 45-55 minutes or until meat thermometer inserted into the center registers 140 degrees F for medium-rare.

Remove from the oven and let stand, uncovered, 10 minutes before slicing. The meat's temperature will continue to rise as it rests.



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Fashion loves Barack Designers Maurizio Modica and Pierfrancesco Gigliotti wore T-shirts endorsing Democratic presidential nominee Barack Obama at a recent Milan fashion show. **TORSTAR NEWS SERVICE**

Style

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Warm & colourful

Weave
Designer: Costa Blanca
Shop: Costa Blanca
Address: Various Locations
costablanca.ca

Texture
Designer: H&M
Shop: H&M
Address: Various Locations
hm.com

Pleated
Designer: Echo
Shop: Plenty
Address: Various Locations
getplenty.com

Bow Clip
Designer: Claire's
Shop: Claire's
Address: Various Locations
claires.com

Feather Headband
Designer: n/a
Shop: The Bay
Address: Various Locations
hbc.com

Cameo Bobby Pin
Designer: Spark
Shop: La Belle Vie

Style File

Kim Elbo

kim.elbo@metronews.ca

ask kim

Do you know anything about re-dying faded jeans? Any tips? - Allison, B.C.

If you want to re-dye your jeans try RIT, you can find it in the laundry section of your grocery store. But keep in mind: because it's an all over dye it will dye the stitching on your jeans as well. Next time you buy new jeans wash them with three tablespoons of salt, this will set in the colour nicely and won't let your jeans fade.

E-mail your style questions to *kim.elbo@metronews. ca.*

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.

scarves

Tuck away the plaid scarf far back into your closet and cover up in style with a textured knit scarf. This season it's all about texture and colour. Wrap your neck up in block colours of bright oranges, blues and purples. Add a little interest to your layered outfits with scarves that have pleats, wrinkles or weaves.

accessory

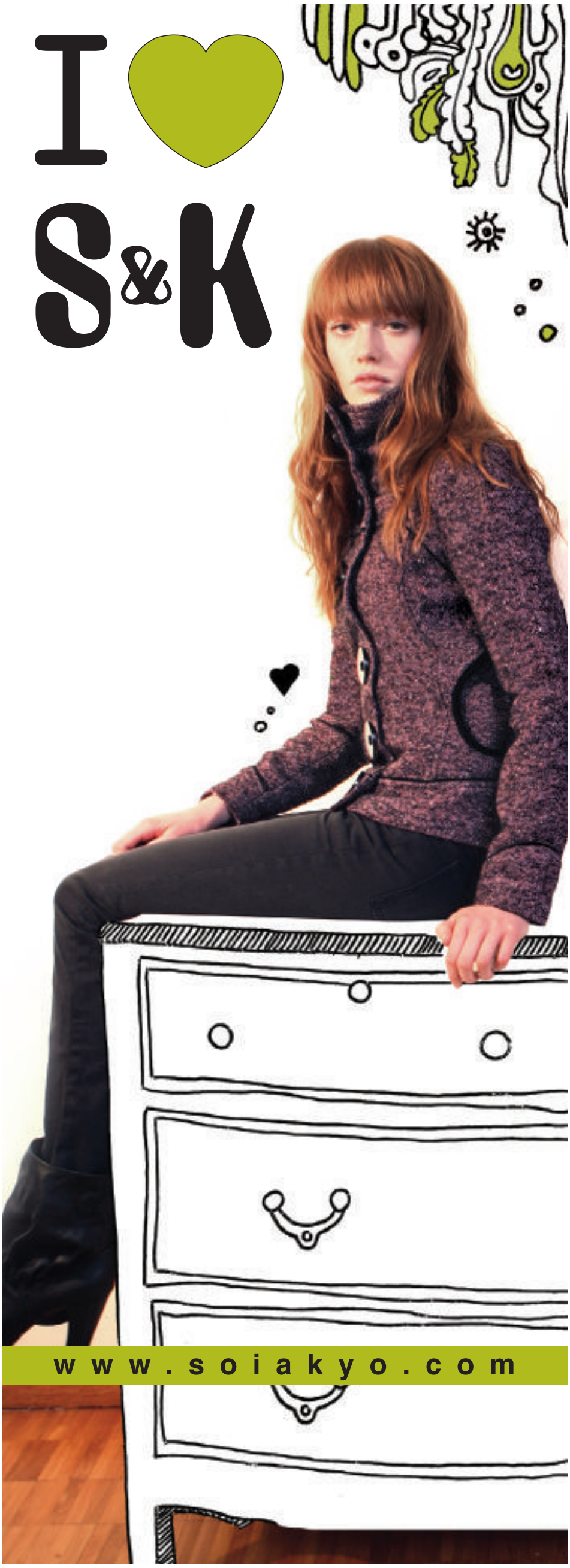
If there is one thing you need to go and buy this week it's this Quo lip gloss, $15. It's an all-in-one gloss that has a mirror and light attached to it for easy application. Available at Shoppers Drug Mart.

hair accessories

Leave the hat at home and adorn your gorgeous locks with these three classic hair accessories: the bow clip, the feather headband and the jewelled bobby pin. Not sure of how to use each accessory in your hair? Try a standard ponytail with a little tease at the crown and a hair wrap around the band, then tuck in the pins or clips in the back or slide on the headband.

tip

If your hair lacks luster and shine put yourself on a hair diet. Eat foods rich in minerals like nuts, lentils and wholegrain. *ultimate-cosmetics.com*



McDonnell in talks to join Grey's Anatomy

Actress Mary McDonnell is in advanced talks to join hit drama Grey's Anatomy for a multi-episode guest arc, ABC has confirmed. The nature of the role is being kept under wraps. **METRO NEWS SERVICES**

Entertainment

Firestone baby

Former Bachelor star Andrew Firestone and wife Ivana are expecting their first child in mid-April.

USMAGAZINE.COM

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Dear Science a gem

MICHAEL LAVINE/UNIVERSAL MUSIC

Dear Science — the new album from TV on the Radio — is an aural masterpiece.

TV on the **Radio**

Album: Dear Science
Label: Interscope/Universal
Rating: ●●●●½

IF THERE'S ANY album that people have been waiting for, it's TV on the Radio's follow-up to their 2006 critically acclaimed disc Return to Cookie Mountain. And, boy, was it worth the wait. The Brooklyn-based band's third album in four years is an aural masterpiece filled with sweeping experimental sounds, intelligent songwriting and a plethora of contagious hooks. They've managed to pull off what similar sounding Bloc Party's been trying to do (especially on "Dancing Choose") — create boundary pushing rock music, that's complex, yet accessible enough for everyone to enjoy.

Bryan Borzykowski/for Metro Canada

Santogold

Album: Santogold
Label: Downtown/Warner
Rating: ●●●●

IT'S NOT WHAT influences you, it's what you do with the influences. Santogold, Philadelphia native Santi White, draws from a long list of genres: New wave, dub, electronic and indie rock among the most obvious. So she's eclectic, like thousands of other musicians. Big deal? Yes. Santogold blends everything for a sound that is unique, which is not to say it's always pleasant to listen to. Some of the soundscapes can be grating. Santogold's most effective when she minimizes the sound effects, like on the sunny Lights Out. Then there's her voice — again, unique. Can you imagine if Gwen Stefani took voice lessons from Martha Davis of The Motels, then was mashed with Musical Youth? **Jim Reyno/Metro Canada**

Terry **Lynn**

Album: Kingstonlogic 2.0
Label: Last Gang
Rating: ●●●

GUNSHOTS, GANJA gangstas, macheted corpses, starving children, barking dogs, bad popo, evil socialites and greedy corporate pigs — Terry Lynn wields the politics of poverty with a electro-reggae mallet. Born in the ghettoes of Jamaica, yet recorded in Toronto, this debut CD is most interesting on songs like Stone when Lynn injects a glimmer of personality into her otherwise stark urban landscapes. It's nice to know you can strike a blow against injustice while getting down on the dance floor.

Graham Rockingham/for Metro Canada

Plain **White T's**

Album: Big Bad World
Label: Hollywood/Universal
Rating: ●●●

EVERY 15-YEAR-OLD HAS a favourite act that they'll hate later. For many teens that band will be the Plain White T's, a gushy mall pop act that would fit well on a mix with Simple Plan and the Jonas Brothers. While this disc is clearly aimed at the younger set — oozing pop melodies with straightforward lyrics — the band could be a lot worse. They're less cheesy than Simple Plan, and not as obnoxious as the Jonas Brothers. In fact, they're down right infectious. With softer tones and Eagles-like guitar they are the most bearable of the bunch. **Bryan Borzykowski**

Album**Reviews**
music@metronews.ca

Kings of **Leon**

Album: Only By The Night
Label: Red Ink/Sony BMG
Rating: ●●½

EVERYBODY SEEMS TO want this band to be the saviour of southern rock. None of the three previous Kings of Leon have lived up to the hype. The thundering bass lines of the opening track offer hope that No. 4 will be the one we've been waiting for. The feeling builds through Crawl, Sex On Fire and Manhattan. But a funny thing happens about halfway through — it degenerates into stale almost-middle-of-the-road pop slush. **Graham Rockingham**

On the web

- Read our reviews of new albums by the Pussycat Dolls and David Gilmour at metronews.ca/music.

Bollea getting out of prison early

Bollea

CRIME Hulk Hogan's son Nick Bollea is getting out of jail nearly three months early with credits for good behaviour and working, People.com reports. Bollea, who has been serving a sentence in Florida for reckless driving, is to be released Oct. 21. **METRO NEWS SERVICES**

Beat Thriller or forget it, Michael Jackson says

MUSIC Michael Jackson is so eager for his comeback to be a success that he's given his songwriters an ultimatum — make it better than Thriller or forget it, the Daily Mirror reports.

"Michael's new album has to be amazing," said hit-maker Neyo, who is on Jackson's select team. "I've already submitted some songs but we have no idea when it's coming out. He keeps putting it off. It's tough when all eyes are on him and there is so much young competition out there. This album needs to be better than Thriller. He wants killer melodies."

Neyo, who has written hits for Beyoncé and Rihanna, admits he was terrified when he first met Jackson face to face. "My hands were shaking like never before." **METRO NEWS SERVICES**

Godfather tops all-time film poll

MOVIES Mafia film The Godfather has been named the greatest movie of all-time in a poll of over 10,000 cinema-goers, filmmakers and critics, BBC News Online reports.

The Francis Ford Coppola film, starring Marlon Brando and Al Pacino, headed Empire magazine's Top 500 poll. Raiders of the Lost Ark and The Empire Strikes Back came second and third. **METRO NEWS SERVICES**

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Nick Hornby teams up with Ben Folds

Author Nick Hornby is to record an album with singer-songwriter Ben Folds, who said: "Nick and I are talking about doing a record where he writes all the lyrics and I write the music. His lyrics are great." **BRITAIN'S THE SUN**

Kudrow takes 'Web Therapy'

PEOPLE Lexus is making an ambitious foray into online entertainment with former Friends star Lisa Kudrow in the driver's seat.

The carmaker is launching an Internet-only branded channel stocked with a full slate of original programming headlined by Kudrow in a shortform comedy series in which she plays a nutty shrink. The choice of the Emmy-winning Kudrow for the role in "Web Therapy" should bring attention to what Lexus is calling L Studio, available at LStudio.com.

But the creation of a marketer-branded channel also is bound to get attention given its only precedent: Bud.TV, a similar venture Budweiser kicked off after the 2006 Super Bowl. **REUTERS**

Thanks, but no thanks

Slick City

Heather Setka

slickcity@metronews.ca

Not to sound like a snob here, but if the leopard print stiletto fits I may as well wear it. And stylishly, I might add. But there are some events I wouldn't go near.

Let's take, for example, the Creative Stitches & Crafting Show at the Roundup Centre this weekend. Rabid scrap-bookers and quilters are already formulating hate e-mails to me for uttering such blasphemy, but a knitting and felting trade show seems pretty boring. (Although "felting" sounds kinda sexy, doesn't it?) However, it is the 13th annual show, so someone must be going every year. Visit canwestshows.com/quiltfest if you're one of them.

Rabid scrap-bookers and quilters are already formulating hate e-mails to me for uttering such blasphemy, but a knitting and felting trade show seems pretty boring

Like crafts and cross-stitch, jazz also eludes me as an art form. I've tried, but I just don't (can't?) get it. So it's unlikely you'd find me near Sunday's I Love NY jazz concert at the River Park Church (3818-14A Street SW). In fact, I'd probably avoid most events listed at calgaryjazz.com.

And then there's chess. Other than Bobby Fischer, the iconic chess master who died earlier this year, I know little else about this, er, sport. If invited to the Calgary Chess Club's (calgarychess.com) weekly Friday event at #274, 3359-27 St. NE, I wouldn't know how to respond. And that made me think: how does one politely turn down an invite?

When I requested her expertise, Sue Jacques, president of Influence Etiquette, offered this advice:

1. RSVP promptly and honestly. A whole-hearted no is better than a half-hearted yes.

2. Begin with a sincere thank you. Show your appreciation for being included.

3. Less is more as far as an explanation goes. You want to avoid the impression that you've had a better offer.

4. Say you'd still like to meet up soon, but only if it's true.

5. Suggest an alternate time to get together, and make it happen.

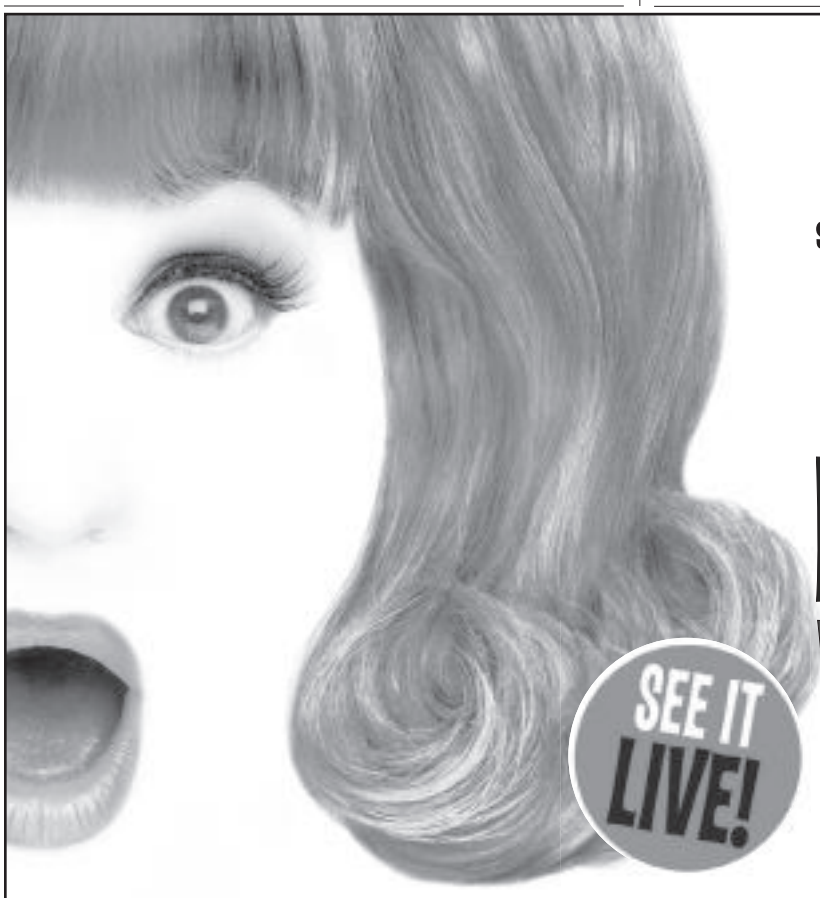
As alternatives, I suggest a tango workshop beginning tonight at Don Quijote's (tangobarcalgary.ca) or Fox Opera and Hunter Gatherer at Broken City tomorrow night.

That is unless you like quilting, jazz or chess. And if you do, send all scathing e-mails to slickcity@metronews.ca.

Jam up Metro's inbox by emailing us at slickcity@metronews.ca

16-year-old Tracy Turnblad has a dream as big as her hair.

Can she get the guy and still have time to change the world?



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Harry Potter in 3D
Harry Potter and the Half-Blood Prince will reportedly be released in 3D in July. A total of 25 minutes of the sixth instalment of the wizard franchise will take on a more life-like appearance. **FEMALEFIRST.CO.UK**

Graham, Bartha have a Hangover

MOVIES Heather Graham and Justin Bartha have joined the cast of Warner Bros. and Legendary Pictures' The Hangover, being directed by Todd Phillips. The story revolves around three buddies who lose their best friend at his Caesars Palace bachelor party just 40 hours before his wedding.

Graham

Munch's Vampire to fetch record

ART Sotheby's expects a painting by Norwegian Symbolist Edvard Munch to fetch a new record for the artist at auction in New York in November, the auctioneer said yesterday. Vampire, one of a group of four paintings by Munch and the only one in private hands, is forecast to fetch more than $35 million when it goes under the hammer at the Impressionist and Modern Art sale on Nov. 3.

REUTERS

Fall season to disappear?

IntelleVision

Rick McGinnis

rick.mcginnis@metronews.ca

TIME OF THE SEASON: You might be wondering why this fall's TV season feels like such a low-key affair. If you are, I'd like to meet you, because by this point I'd assume most people have better things to do with their time, and that the decades-old calendar rituals of the broadcast television industry are as relevant to their lives as the solstice bonfire or blacking the coal grate.

Even the big four networks like to pretend that they're so over that fall season thing, and a recent New York Times piece had Alan Wurtzel, NBC's president of research, insisting that this fall is the last time they'll ever acknowledge the tradition. They've been acknowledging it with both hands, though, despite growing indifference from their viewers, but old habits die hard, and as the Times pointed out, "Nielsen Media Research has deemed that Monday was the starting point when audience totals for shows began to count, so viewers found mostly new episodes of shows on the broadcast networks, like Grey's Anatomy on ABC and NCIS on CBS."

Simply put, as long as ratings are measured in the traditional way, the people who measure them will be in the habit of prioritizing ratings-gathering into census-like windows of opportunity. Which means that networks will continue to compete with each other like horses in a dead heat, their riders eyeing each other warily, putting the spurs to their mounts whenever anyone else seems like they're trying to pull ahead.

Change, when it comes, will be incremental at first. Dawn Ostroff, head of the CW network, told the Times that they "felt it was really important to be able to get ahead of all the clutter," so they bumped up the season debuts and premieres of shows like Gossip Girl and 90210, which prompted Fox to pull the trigger earlier on titles like House and Fringe. While the networks are shifting their premieres back, viewers are delaying when they're watching them, and David Poltrack, Wurtzel's opposite number at CBS, noted that 70 per cent of shows being recorded and watched later are network product, versus only 46 per cent of what's being watched live.

KEVIN WINTER/GETTY IMAGES

CW head Dawn Ostroff, centre, poses with the cast of 90210. Ostroff bumped the show's premiere to 'get ahead of all the clutter.'

A number that no one wants to talk about is what's being downloaded from the Internet, including shows that were available months before their scheduled air date — such as the pilots and season debuts of shows like Fringe, True Blood and Californication, and the original pilot of the Americanized Life On Mars. Pirated or unofficially leaked, they're a harbinger of a day when networks will have to act more like producers and put their wares on the market when they're ready, not when tradition, convenience and an open slot in the prime-time schedule deigns to put them before an increasingly disinterested public.

JET BOY: If you're reading this early enough, you might want to watch an oddball bit of history take place with the live broadcast of Yves Rossay's attempt to fly across the English Channel powered by his own jetpack and wings. Jetman Live will air at 7 a.m. ET on History Television and the National Geographic Channel, which should take about 12 minutes if Rossay can maintain 190 km/h on his wicked cool but fantastically dangerous contraption. Yes, there's something ethically challenged about tuning in with the vague anticipation of something going very wrong, but I'm that kind of ethically challenged guy.

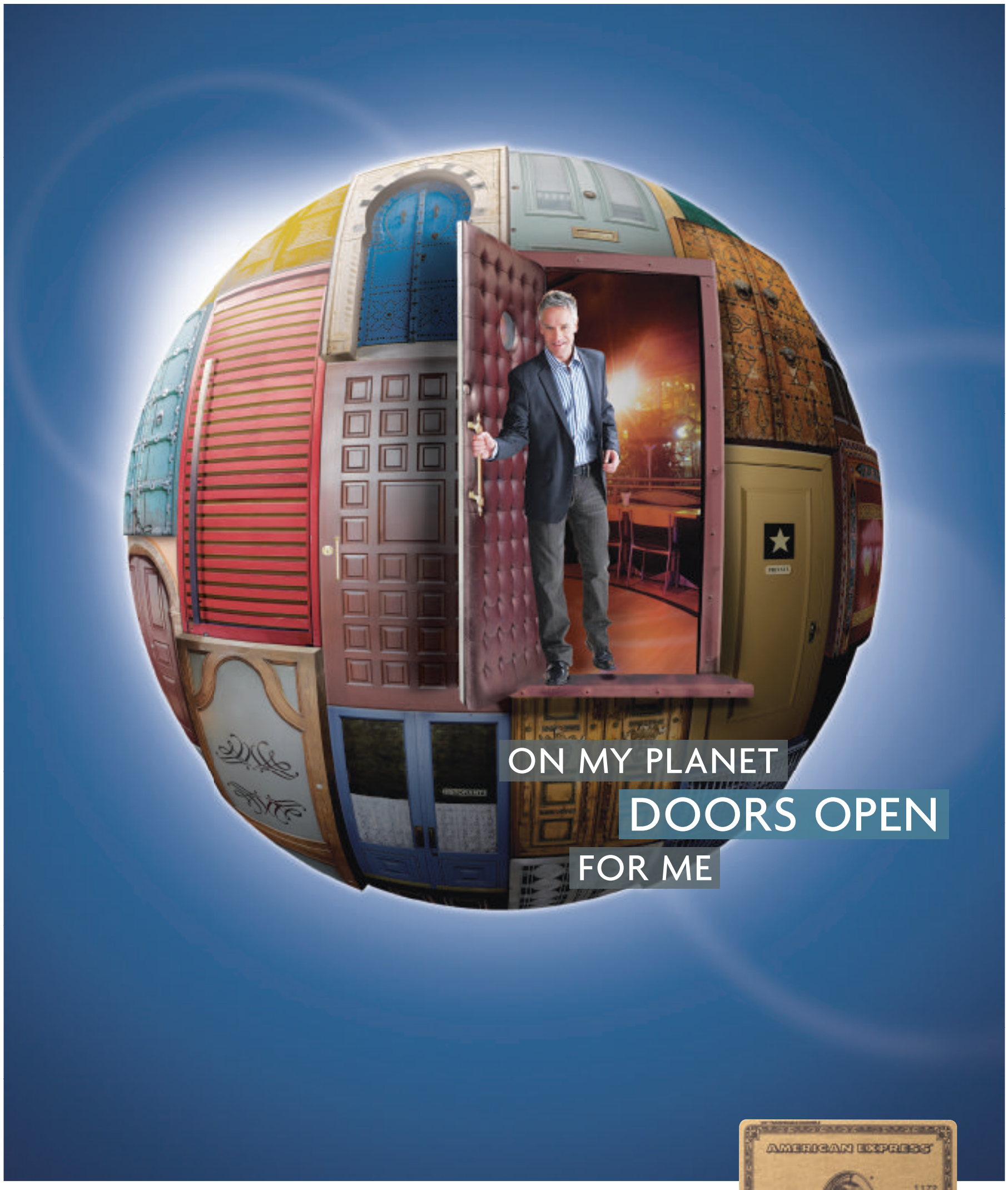
Rick McGinnis writes about music, movies, books and television, but not opera.

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/25/08 primetime	267	351 - ACCESS	Help TV "Sleepover"		Medium		UFOs: Seeing Is Believing			The Force	Help TV
	243	317 3 CFCN	eTalk	Hollywood	ER "Life After Death" (N)		Grey's Anatomy "Dream a Little Dream of Me" (N)				News (N)
	-	- 4 BROAD	(4) Broadcast News News.		Broadcast News News.						
	-	371 5 KXLY	News	News	Entertainment	The Insider (N)	Ugly Betty (N)		Grey's Anatomy (N)		
	245	306 6 CBRT	Coronation St.	Jeopardy! (N)	jPod (HDTV) (DVS)		Samuel de Champlain		CBC News: The National		The Hour
	244	338 7 CICT	ET Canada	Entertainment	The Office (N)		Survivor: Gabon "Want to See the Elephant Dung?" (N)				News Hour
	246	- 8 CKAL	Law & Order: SVU		Glam God With Vivica A. Fox		Ugly Betty (N)		Friends	Friends	Your City
	119	705 9 CBXFT	Virginie (SC)	Infoman (SC)	Enquête (N) (SC)		Grosse vie	C.A. (SC)	Le Téléjournal (SC)		TJ Alberta
	-	- 10 SHAW	(6) Local Programming						Local Programming		
	-	372 12 KREM	News (N)	Hollywood	The Doctors (N)		Survivor: Gabon "Want to See the Elephant Dung?" (N)				CSI: Crime Scn
	-	374 14 KSPS	NewsHour With Jim Lehrer		Fall Preview Show		Sherlock Holmes Mysteries		American Masters (N)		Soundstage
	502	390 15 CBC	CBC News: The National		Geologic Journey		CBC News: The National		CBC News: The National		Newman
	-	370 16 KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Name Is Earl	Name Is Earl	The Office (N)		ER (N)
	-	373 22 KAYU	The Simpsons	The Simpsons	Two/Half Men	Two/Half Men	Kitchen Nightmares (N)		Kitchen Nightmares (N)		News (N)
	297	652 37 WPIX	Supernatural (HDTV) (N)		CW11 News at Ten		Two/Half Men	Friends	Sex and-City	Will & Grace	According-Jim
news	500	500 29 CNN	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502 31 CNN2	Glenn Beck		Nancy Grace		Showbiz Tonight		Glenn Beck		Nancy Grace
sports	400	400 21 TSN	NHL Preseason Hockey Florida Panthers at Edmonton Oilers. (Live)					SportsCentre		NFL Films	Poker Night
	408	418 27 net	MLB Baseball		Sportsnet Connected		Hockey Central		Sportsnet Connected (Live)		Best-Sports
	410	403 30 SCORE	College Football USC at Oregon State. (Live)						Score Tonight		Sports Rage
	411	457 44 OLN	Survivorman		Pilot Guides	Odyssey	Pilot Guides		Don't Forget Your Passport		Commando
	417	406 48 SPEED	Pinks -- All Out (HDTV)		Wrecked (N)	Wrecked	Pinks (HDTV)	Pass Time	Pinks -- All Out		Pinks -- All Out
family	552	543 20 YTV	Drake & Josh	iCarly	H2O, Just Add	Home Improve.	Prank Patrol	Futurama	Prank Patrol	Mystery Hnt.	Adrenaline Proj
	557	541 39 FAM	Zoey 101	Life Derek	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School
	555	545 67 TOON	World of Quest	Johnny Test	George-Jungle	Bugs Bunny & Tweety Show		6teen	Total Drama	Futurama	The Critic (N)
cable variety	575	583 11 CMT	Reba	Hope & Faith	Home Improve.	Home Improve.	Karaoke Star "Best of"		Reba	Hope & Faith	Home Improve.
	553	546 17 TREE	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Beren. Bears	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	-	- 18 CHTV	The Insider (N)	E! News	Name Is Earl	Name Is Earl	*The Dukes of Hazzard* ★★ (2005, Comedy)				News (N)
	505	398 19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568 23 W	Shopping Bags	Style by Jury	Will & Grace	Friends	Divine Design	House	Confidential	Save Us-House	Open House
	521	560 24 TLC	American Chopper		Street Customs (HDTV)		Overhaulin' (HDTV)		Street Customs (HDTV)		Amer. Chopper
	603	561 25 FOOD	Unwrapped	Unwrapped	Secret Life of	Secret Life of	Ace of Cakes	Ace of Cakes	Iron Chef America		Unwrapped
	615	520 26 A&E	The First 48 (HDTV)		Jacked: Theft	Jacked: Theft	Crime 360 (HDTV)		The First 48 (HDTV)		The First 48
	617	522 32 SHOW	Wife Swap (N)		Painkiller Jane		ReGenesis (HDTV)		Trailer Park	Trailer Park	Saving Grace
	601	562 33 SLICE	Last 10	Bulging Brides	The Biggest Loser		Rich Bride, Poor Bride		Last 10	Bulging Brides	Biggest Loser
	-	633 34 ENC2	(6:40) *The Operative* ★ (2001, Action)			Filmography	*Cahill, United States Marshal* (1973, Western)			*The Quick and the Dead* ★★	
	520	505 35 DISC	(6) MythBusters		MythBusters		Daily Planet		Monster Moves		MythBusters
	620	523 36 BRAVO	*Century Hotel* ★★ (2001, Drama) Lindy Booth.				Law & Order		Without a Trace		*Minus*
	294	650 40 WPCH	*Domestic Disturbance* (2001, Suspense)			Family Guy	Family Guy	Seinfeld	(10:15) *Domestic Disturbance* (2001)		
	626	547 41 COM	Laughs	Comedy Now	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	VIP
	-	539 42 TCM	(7:15) *Doctor Monica* (1934)		(8:15) *Confession* ★★ (1937, Drama) Kay Francis.				*First Lady* ★★★ (1937, Comedy)		
	628	584 43 SPIKE	TNA iMPACT! (N)				The Ultimate Fighter (HDTV)		CSI: NY "Risk" (HDTV)		MANswers
	522	516 45 HIST	The Perfect Weapon		NCIS "Iceman"		Lost Worlds		The Perfect Weapon		NCIS
	627	528 46 SPACE	Battlestar Galactica		Ultimate Super Heroes-Villains		Stargate SG-1 (DVS)		Lost		Deep Space 9
	-	- 47 AMC	Mad Men "Maidenform"		Mad Men (HDTV)		Mad Men (HDTV)		*Next Stop, Greenwich Village* ★★ (1976)		
	619	525 49 TROP	Make or Break	Naked Fashion	Beverly Hills, 90210		Make or Break	What Happen?	Family Guy	Seinfeld	Seinfeld
	600	564 50 HGTV	The Fix	Disaster DIY	Junk Brothers	The Big Flip	Holmes on Homes		Restaurant Makeover		The Fix
	501	391 52 CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
	504	508 70 BNN	Squeeze Play		Market Call		Headline	Market Call	Commodities	Business News	Squeeze Play
	526	507 92 CLT	(6) Last Chapter		Mysterious Ways		Judging Amy		History of Pop Culture		Last Chapter
	269	350 93 APTN	News		Suaangan (N)	Rez Rides	Next! Youth	renegadepress	*Speed* ★★★ (1994, Action) Keanu Reeves.		
	-	- 94 MCP	(6:30) News	News	Matchmaker	Daughters-Law	Vancouver	Main Office	Dheeyan Ghar	Sadabahar	Mor Deo Koi
	571	581 100 MMM	Abba	Where You At	I Want to Work for Diddy		Party of Five "Falsies"		Abba's All Time Greatest Hits		
	570	580 101 MM	Top Pop Group	Instant Star	Greek "Liquid Courage"		Muchmusic Countdown			Pimp My Ride	Legally Blonde
	581	566 102 MTV	The Hills	Super Sweet	Exiled	MTV Cribs	MTV Live	After	Busted	The Hills	Exiled

critics' corner

Survivor: Gabon
The tribe has spoken, and so have the ratings, which means the granddaddy of modern competitive reality series is back for a 17th season. This time, the setting is Gabon, a small equatorial African country of stunning natural beauty, which will be a visual treat for those with high-definition TV sets; this is the show's first season to air in high-def. But judging from past seasons, the interaction among the contestants won't always be pretty. 9 PM on CICT KREM

ER
In the season premiere, Abby (Maura Tierney) awakens after the ambulance explosion and realizes she has a broken wrist before rushing to check on Pratt's (Mekhi Phifer) condition. Sam and Gates (Linda Cardellini, John Stamos) rush to the scene to find Pratt walking and talking. Abby misdiagnoses a mother and daughter who are rushed in from the explosion. Morris and Neela (Scott Grimes, Parminder Nagra) struggle to keep up with Pratt's injuries. 11 PM on KHQ



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Von Teese would remarry

Burlesque star Dita Von Teese has no regrets over her failed marriage to shock rocker Marilyn Manson — insisting she still hopes to walk down the aisle again. **IMDB.COM**

Celebrity Buzz

Son prompts Clay to reveal his sexuality

PEOPLE Former American Idol contestant Clay Aiken has acknowledged he is gay, confirming in an interview with People magazine what most of his fans have suspected for years.

Aiken, 29, a born-again Christian who forged a successful career after being named runner-up in the 2003 American Idol television talent show, said he decided to come out after becoming a father in August.

"It was the first decision I made as a father," Aiken told People magazine in an interview for the issue out tomorrow.

"I cannot raise a child to lie or to hide things. I wasn't raised that way, and I'm not going to raise a child to do that."

Aiken has dodged questions about his sexuality for years, usually replying that it was his own business.

He told People he came out to his mother four years ago.

In August, Aiken fathered a baby through in-vitro fertilization with his friend, music producer Jaymes Foster. Foster gave birth to a boy, named Parker, on Aug. 8. The news came as little surprise to those in the music business. American Idol judge Simon Cowell said, "If he said it, it's the right thing for him. Good for him. I don't think anyone cares. Let's face it. It's 2008."

REUTERS

GETTY IMAGES PHOTOS

Something in the water?

PEOPLE Nicole Kidman credits the "fertility water" she drank on the Australia film set for helping her realize her baby dreams, imdb.com reports.

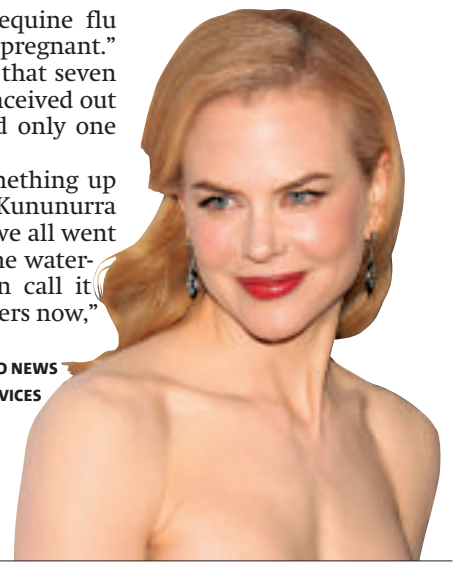
Seven babies were conceived on the set and the 41-year-old new mom insists there was something in the water.

"I never thought that I would get pregnant and give birth to a child but it happened on this movie," she tells Australia's Women's Weekly magazine. "Nothing happened in a small way on this film ... We had heat and torrential rains and equine flu and then I got pregnant."

Kidman adds that seven babies were conceived out of this film and only one was a boy.

"There is something up there in the Kununurra water because we all went swimming in the waterfalls, so we can call it the fertility waters now," she says.

METRO NEWS SERVICES



Naomi stands by airport story

PEOPLE Supermodel Naomi Campbell still insists she was provoked into spitting at a police officer at Heathrow Airport in London in April because she was called a racial slur, imdb.com reports.

Campbell started serving her community service in London earlier this month after she admitted to spitting at an airport cop, but she insists there would have been no incident if she had been shown more respect.

"If someone calls me a racial slur, I find it very offensive," Campbell told the news show Extra. "After paying all that money and you're trying to get to a funeral, which is where I was trying to get to, I thought, 'Well, I think I have the right to be upset right now.'"

METRO NEWS SERVICES

celebrity brief

Britney's mom may want her back with Kevin

RELATIONSHIPS Britney Spears' mother wants to reunite the singer with her ex-husband, Kevin Federline, femalefirst.co.uk reports.

Lynne Spears, who describes her former son-in-law as "kind hearted" and "down to earth" in her new book, is working hard to convince Britney and Federline to give their relationship another chance for the sake of their two children, Jayden James and Sean Preston.

"Kevin has apologized to Britney for his failings as a husband and said he wanted a fresh start," a source said. "He confessed she is the love of his life, his soulmate and was sorry things went so wrong between them."

Spears is reportedly thrilled by Federline's apology and feels she is finally getting her personal and private life back on track.

METRO NEWS SERVICES

celebrity brief

Kirsten, Justin call it quits: Report

RELATIONSHIPS Even though actress Kirsten Dunst denied being in a relationship with Justin Long, In Touch Weekly is reporting that they've broken up.

"They are taking some time off for now," an insider told the magazine. "Kirsten gets bored really easily and she needs a break from men right now. They are still both friends and will hang out."

METRO NEWS SERVICES

celebrity brief

Shannen slams alcoholism talk

PEOPLE Actress Shannen Doherty has hit out at reports she battled an alcohol addiction, imdb.com reports.

Doherty shot down allegations in several tabloids that she sought help from Alcoholics Anonymous following her arrest for drunk-driving in 2000.

But the star admits she did help her husband overcome his drink demons.

"I've never been in AA. I accompanied my husband to AA meetings — actually," she said.

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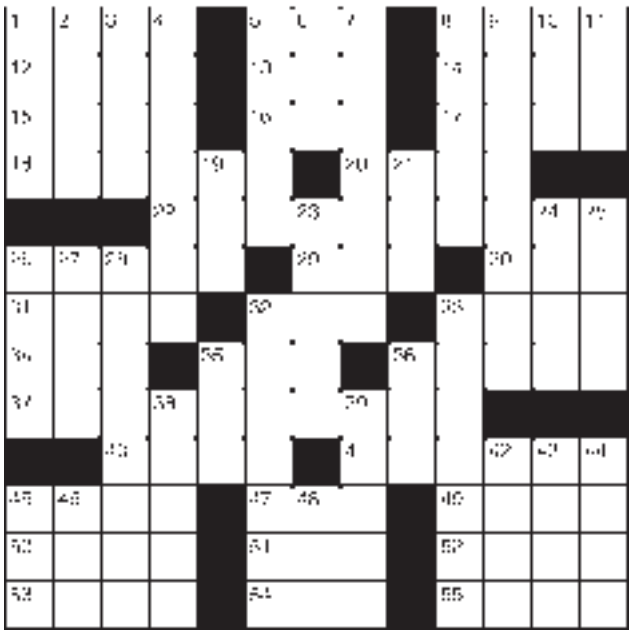


Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

2			8					
5		3		2	1			4
	4	1	7					
						1	5	
7		4				2		8
	9	6						
					8	5	6	
6			4	9		7		2
					2			3

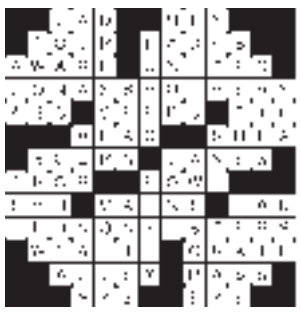
Crossword across

1 Galley supply
5 Lummox
8 Casino currency
12 Conspire (against)
13 Under the weather
14 Actress Turner
15 Ornamental bag
16 Zodiac cat
17 Family member
18 Achieve by threats
20 Reedy
22 First Civil War battle site
26 32-Across' band
29 Vacillate
30 Infuriate
31 Green-eyed monster
32 Rocker Morrison
33 King of Siam's friend
34 Noshed
35 Bart, to Homer
36 See 30-Across
37 Florida city
40 Former ugly duckling
41 Maximum
45 Genealogy chart
47 Olympic perfection
49 Actor Sharif
50 Approach
51 Caustic chemical
52 Pianist Peter
53 Recipe meas.
54 "Undeniably"
55 Oklahoma city

Crossword down

1 Oil cartel
2 Sax range
3 Libertine
4 Use a wok
5 Former Houston athlete
6 Hearty brew
7 Ship's debris
8 Assertion
9 Eerily persistent
10 Hostel work environment?
11 Vanna's cohort
19 Lettuce variety
21 Embrace
23 String
24 Sea eagle
25 Posterior
26 Unhearing
27 Aware of
28 In Europe, maybe
32 Together
33 Windflower
35 Resort
36 Performance
38 Dweeb
39 Mystical lettering
42 Portent
43 Rani's wrap
44 Stepped hard (on)
45 Potent stick
46 CSA soldier
48 Needle feature

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



1	2	4	3	5	8	9	6	7
7	3	8	4	9	6	5	1	2
6	9	5	1	7	2	8	3	4
5	4	3	6	1	7	2	8	9
2	8	6	9	4	5	1	7	3
9	1	7	2	8	3	4	5	6
8	5	2	7	3	9	6	4	1
4	7	9	8	6	1	3	2	5
3	6	1	5	2	4	7	9	8

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SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

Recipe of the day

EAT TO BEAT DIABETES

Linguine and Salmon with Creamy Lemon-Dill Sauce

INGREDIENTS:
1 lb (500 g) skinned salmon fillet
Grated zest and juice of 1 lemon
2 tablespoons (25 mL) chopped fresh dill
8 oz (250 g) linguine
2 large carrots, peeled and cut into matchstick strips
2 large zucchini, unpeeled and cut into matchstick strips
1 teaspoon (5 mL) canola oil
1/3 cup (75 mL) light sour cream
Salt and pepper

METHOD:
1. Cut salmon into chunks, place in a dish with lemon zest, juice, and dill. Turn the pieces of salmon to coat evenly. Cover and marinate in refrigerator for at least 10 minutes.
2. Cook linguine until al dente. Add carrots to the pasta after eight minutes of cooking, and then add the zucchini one minute later.
3. Meanwhile, brush a non-stick skillet with oil and heat thoroughly. Drain salmon, reserving the marinade. Add salmon to the hot skillet and cook, turning occasionally, until the fish is firm and just cooked, 3 or 4 minutes.
4. Add the reserved marinade and sour cream to salmon, and cook for a few seconds. Remove from heat and season lightly with salt and pepper.
5. Drain pasta and vegetables, and transfer to a serving dish. Add the salmon mixture, garnish with fresh dill and lemon wedges.

Nutrients per serving: calories 483, calories from fat 153, fat 17 g, saturated fat 3 g, cholesterol 64 mg, carbohydrate 50 g, fibre 4 g, sugars 4 g, protein 31 g.

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
A wish will be granted by mistake. Peer pressure has no effect on a nonchalant friend. Daring acts need your participation.

TAURUS
APRIL 21-MAY 21
Stock up on helpful advice. Legal action won't mend broken fences. You can deflect damage in an understated way.

GEMINI
MAY 22-JUNE 21
Speaking unkindly is not an option. An associate wants a bulletin on the day's events. Fun and games will be frustrating.

CANCER
JUNE 22-JULY 22
You don't have to compromise to find your own path. Everyone's too busy to ask questions. Your enthusiasm creates opportunities.

LEO
JULY 23-AUG 23
Increase your influence by widening your perspective. Something doesn't make sense. Quick action makes a bully back down.

VIRGO
AUG 24-SEPT 22
Get ready for a loved one's excitement. A misplaced object plays havoc with your agenda. Keeping a strong focus will work wonders.

LIBRA
SEPT 23-OCT 23
You'll know all the correct answers. Weigh the needs of others against your own. You'll begin to enjoy a childish friendship.

SCORPIO
OCT 24-NOV 22
An old friend feels guilty about the past. Don't go out on a limb to prove a point. Sincere respect will be given to you.

SAGITTARIUS
NOV 23-DEC 21
Lovers are bursting with good news. A vivacious friend regrets taking legal action. Everything around you seems fresh and new.

CAPRICORN
DEC 22-JAN 20
Show consideration to get financial support. An unrealistic desire flares up. Efficient organization can ease tensions.

AQUARIUS
JAN 21-FEB 18
You can cause a quarrel by taking charge. You'll get shocking news while working. An intellectual talks about a difficult problem.

PISCES
FEB 19-MARCH 20
Life can't be great when you give unwanted advice. Frantic activity makes you giddy. Find your good fortune in a useless tradition.

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(403) 254-6901

Deerfoot Meadows
(403) 253-1800

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(403) 216-9363

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(403) 295-8006

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(403) 248-5554

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(403) 313-3444

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(403) 230-3380

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